

# How to complete the hereditary screening process and receive your kit in the mail



1



Following your program effective date, you will receive your Cancer Guardian™ **Welcome Email.**

2



Click on the **Hereditary Screening Kit**

3



You will be directed to a page where you will **Enter Your Email.**

4



**Claim Your Test**  
After submitting your email address, you will receive an email from our screening partner, Invitae, with a link to claim your test.

5

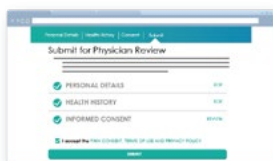


**Activate Your Account**  
Invitae will ask you to complete personal details, health history and consent forms through their portal.

## Important

You must set up an account, complete the health history and the consent forms before your kit can be processed.

6



You will receive an email from Invitae indicating that a physician has approved your test. Or, depending on your health history, **PWN Health may contact you** to ask a few questions.



**INVITAE**

**PWN Health**

is Invitae's 3<sup>rd</sup> party physician network partner.

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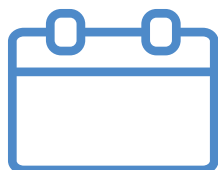
When you receive your kit in the mail, make sure to follow all of the instructions provided in the box to activate your kit and **provide a good saliva sample.**

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Mail the kit back to **Invitae** in the included, self-addressed envelope.

9



Once the sample arrives at the Invitae laboratory, it will take an average of **10–21 days to get your results.**

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### View Your Results.

You'll receive a text message and an email from Invitae when your results are ready. You can view them in your portal account along with recommended next steps — plus you can share the results with your healthcare provider.

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If you have questions about your results, genetic counselors are available by phone to discuss what your results mean for you and your family and which steps you may consider next.

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Next, you and your doctor will decide how you want to proceed with your screening information.

You can also share the information with your family.



## Family Follow-Up Testing Program

Genetic test results may have health implications not only for an individual, but for an entire family. If you receive a positive test result, family follow-up testing can help identify other family members at risk for the same genetic disease.

[Learn more at: \*\*Invitae.com/en/family\*\*](https://www.invitae.com/en/family)



For more information call us at **844-MYGENOME** or visit **www.CancerGuardian.com.**

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