

DNA-Based Healthcare Navigation

Everyone has a lifetime risk of common diseases like cancer and heart disease as well as less common health conditions that can be prevented or treated if diagnosed early. Those risks are impacted by your lifestyle choices and the genetics you inherit from your parents.

Genomic Life helps optimize your health – now, and in the future – based on your personal health, family history, and DNA – to catch disease early, inform choices, and tailor care so it works best for you.

Essential Genomics

While traditional healthcare focuses on treating disease after it happens, our Essential Genomics program offers genetic screenings to identify increased health risks before disease happens.

Based on your genetics, you will receive suggested actions and follow-up to help you and your care team optimize your health.

- A suite of proactive DNA screenings
 - Genetic Health Screen
 - Pharmacogenomic Testing
 - Carrier Screening
- Personalized actions based on test results
- Ongoing member support, as needed
- Genetic counseling, as needed

How It Works

1. Access our secure platform for recommended genetic screenings
2. Provide a saliva sample from the comfort of your home
3. Receive your results, share them with your care team, and connect with our navigation team

Precision Cancer Genomics

Provides you personalized cancer navigation and support to help guide you through your cancer journey alongside your existing care team.

If you are diagnosed with cancer, are a cancer survivor, or have significant family risk of cancer, you have access to features such as:

- A dedicated cancer navigator
- Informed decision-making support
- Coordination of care
- Ongoing patient advocacy and caregiver support
- Tumor genomic profiling as needed
- Diagnostic inherited cancer panel
- Expert pathology review as needed

How It Works

1. Report your cancer diagnosis and meet with your dedicated cancer navigator
2. Receive personalized recommendations tailored just for you
3. Have continuous access to tailored support and resources at every stage of your journey

1 in 6

1 in 6 people carry a genetic risk for diseases with available interventions¹

50%

50% of cancers are thought to be preventable by lifestyle changes²

99%

Localized breast cancer when found early has a 99% survival rate over five years³

Want to learn more? Have questions? Visit [genomiclife.com/learn](https://www.genomiclife.com/learn) or call (844) 694-3666

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¹Haverfield et al, 2021, ²Islami et al, 2024, ³<https://www.cancer.org/content/dam/cancer-org/research/cancer-facts-and-statistics/breast-cancer-facts-and-figures/2022-2024-breast-cancer-fact-figures-acs.pdf>